Students: After you've verbally and in-person asked your teacher for a letter of recommendation, below is a follow-up email you can send to them with more information about yourself to help them get a more complete picture of you outside of their classroom.

Dear Ms./Mr
Thank you for agreeing to write a letter of recommendation for my college applications. I appreciate the time and effort you will put into this. Your class [explain what made the class worthwhile for you.]. I have enjoyed learning about and in your class. I especially found to be meaningful.
I wanted to give you more background about my high school activities and what I plan to study in college. As you may know, I have spent my extracurricular time doing It has been important to me because of Academically, my interests are, and I plan to study (and/or).
[Include any additional pertinent information, including public service, career aspirations, help you provide for your family and/or personal/family hardship you experienced during high school.]
Please let me know if you need anything additional from me to support you in writing my letter, and thank you again.
Best wishes,